

SPRING SPORTS PHYSICALS HIGH SCHOOL GYMNASIUM

**YOU WILL NOT BE SEEN BEFORE YOUR SCHEDULED APPOINTMENT
DO NOT COME EARLY!!!!!!**

**ALL FORMS MUST BE COMPLETED BEFORE YOU ARRIVE AT
PHYSICALS. YOU WILL NOT BE ALLOWED TO SIGN IN.
IF NOT COMPLETE – NO PHYSICAL - NO EXCEPTION!!!!**

February 23, 2010

**6:00-6:45 P.M. - 7 Thru 12 Cheerleading
6:30-7:00 P.M. - 7/8 Girls' Soccer
7:00-7:30 P.M. - Girls Track
7:30-8:00 P.M. - 7 Thru 12 Softball**

March 2, 2010

**6:00-6:45 P.M. - Baseball
6:45-7:30 P.M. - Boys' Track
7:30-8:00 P.M. - Boys' Tennis**

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****ALL STUDENTS PARTICIPATING IN SPRING SPORTS MUST HAVE A PHYSICAL
BEFORE PRACTICE STARTS ON (03/08/2010)
If you tried out/participated in a fall or winter sport, please contact the Athletic Trainer for a
BLUE RECERTIFICATION FORM**

**ALL CHEERLEADERS MUST COMPLETE A NEW PHYSICAL FORM
BEFORE THEY WILL BE PERMITTED TO TRY-OUT.**

PHYSICAL FORMS ARE AVAILABLE AT THE FOLLOWING LOCATIONS:

HIGH SCHOOL: ATHLETIC OFFICE, MAIN OFFICE, GUIDANCE OFFICE, NURSE'S OFFICE

JUNIOR HIGH SCHOOL: GUIDANCE OFFICE, NURSE'S OFFICE, MAIN OFFICE

MIDDLE SCHOOL: MAIN OFFICE, NURSE'S OFFICE

**IF YOU CANNOT MAKE YOUR SCHEDULED TIME,
YOU MUST GO TO YOUR OWN PHYSICIAN.**