

Stroudsburg Jr. High 22-22 Challenge

Start Date: 10/11/18

End Date: 11/9/18 (at Veterans Appreciation)

Donation: \$1+ (Checks made out to: SJHS Activities)

Dear Parent(s) and Relatives,

Stroudsburg Junior High will be promoting Veterans Day Friday November 9, 2018 with a new approach. This year we will offer students an opportunity to show their support for our Veterans by participating in a 22-22 Challenge. This challenge represents the 22 Veterans who take their own lives due to post traumatic war syndrome every day in America.

The challenge is to do 22 push-ups each day for 22 days (if students are unable to do push-ups they may do other exercises).

We are asking parents and relatives to give a donation to help support the efforts of the "PA Wounded Warriors." You will also receive an American Flag pin with your donation that students can wear to show their support. All donations and any other funds will be presented to the PA Wounded Warriors at an assembly during our Veterans Appreciation Day on 11/9/18. We hope you will encourage your students to participate in this activity WIN: Support Vets, WIN: Support Wounded Warriors, WIN: Get exercise they wouldn't normally get.

For more info or to make a tax exempt donation: www.pawoundedwarriors.org

